

# +TOTEMK+



**10-week coaching session guide**

Switch between this presentation and eLearning

Kindly access the eLearning site on this link:

- <https://totem.ke/elearning/>

Moodle and eLearning have been used interchangeably in the WhatsApp conversations

# Coaching

**The aim of the coach is to assist the participant achieve their personal best and produce the results they want in their professional activities**

(International Coaching Community).

# Coaching Aspects

- Focus/goal
- Exploring possibilities
  - Plan action
- Choosing tool/activities
  - Assessing change

# 1. Focus/goal

- Concretized during the workshop. *Kindly fill in the assessment form found on the eLearning platform (DONE). We shall give you 10 minutes to enable those having network issues to do so easily.*

<https://totem.ke/elearning/mod/url/view.php?id=46>

*Or* <https://docs.google.com/forms/d/12GCpMZDrQKjb4GY-dXyqsVZn2wXX0TJBa7XGZ7tED0g/edit?ts=607fc259>

## 2. Exploring possibilities

- **3 Coaches will be assigned to each thematic theme. The themes are: 1.4C's; 2. Collaborative and Integrative Teaching Strategies; 3. Competency Based Assessments**

3 days after the training you will be informed which thematic group you belong to and respective coaches based on the feedback we get from the forms.

# Exploring possibilities

- It is recommended that the participants provide feedback of their actions at least two times before the ten-week period expires. This will assist to clarify content and support participants.

## Proposed dates:

First feedback session: 4th Week- Week of 24th May or week of 17<sup>th</sup> May during 3<sup>rd</sup> week

Second feedback session: 8th Week- Week of 22nd June

# Feedback is to be provided through reflective journals

- **There are two links on the eLearning site Mid-review journal for first session (15<sup>th</sup> May)**
- **Final reflective journal uploaded before second session (15<sup>th</sup> June)**

**This will help the coaches to go through the journals before the group coaching sessions.**

*Coaches are free to send reminders of the meetings that will take place on the 4<sup>th</sup> or 8<sup>th</sup> week*



## 3 and 4: Planning the action and assessing change

These are done together with coaches and during the 10-week period and are captured in the reflective journals.

## Suggested aspects to be captured in the reflective journal

- Date; action; reflection; significance on my own practice (Reflective questions posted on the Moodle site will assist to reflect on the issues we have just identified)- *it is a personal journal*

- Certification will be based on a reflective journal being submitted plus attendance. *The reflective journals will be uploaded twice during the first review, to just observe the progress and the second-final review.*

Transformative learning and significant learning lays the foundation for the above thematic areas **(and which has a Philosophical foundation)**. The idea is to teach the 4C's, use collaborative and integrative teaching approaches and use competency-based assessment to transform students and enable them experience significant learning; learning that lasts.

- The ToTs will structure their learning designs/lessons to enable students experience the above six kinds of learning (The 4Cs).

Full document on coaching sessions available on the eLearning site

# Final point

- Before we end the session, we are requesting if you can fill in this final workshop survey form:

[https://docs.google.com/forms/d/139-aiBv1Oay-L79OKPU1nq6p\\_TQQlfoFYXI\\_2H25qSQ/edit?gxids=7628](https://docs.google.com/forms/d/139-aiBv1Oay-L79OKPU1nq6p_TQQlfoFYXI_2H25qSQ/edit?gxids=7628)

This will help us improve delivery of other modules: Use of modern technologies to enhance learning; Principal/teacher as a developer and pedagogical leader; Sociocultural issues to empower teacher's work